



1-250-782-0844
1300 104 ave Dawson Creek, BC
E-mail: admin@milezeroacademy.com
www.milezerogymnastics.com

All participants are required to pay a Gymnastics BC annual insurance fee: \$50.00
Gymnastics BC Yearly Insurance runs September - August

REGISTRATION ONLINE OPENS: TO CURRENT MEMBER ON FEBRUARY 24TH AT AND TO PUBLIC ON FEBRUARY 27TH AT

SESSION DATES

March 30th - June 13th

**NO CLASSES: Monday April 13th, & Monday May 18th

* 11 WEEK SESSION

* Please note: Monday will only have 9 classes

* Please be advised: if minimum class size is not met, classes may be cancelled

PRICE LIST DOES NOT INCLUDED GST

DROP-IN (ALL AGES WELCOME)

* Classes run in 12 week sessions - choose a day and time

MON

TUES

WED

THURS

FRI

SAT

COST

DROP-IN

PARENT & TOT PROGRAMS FOR 3 & UNDER

* Classes run in 12 week sessions - choose a day and time

MON

TUES

WED

THURS

FRI

SAT

COST

Parent & Tot (Ages 12M - 3 Years) 30 minutes movement class with circuits on bars, beam, floor, vault. Parent participation required.

10:15 - 10:45
DEANNA

9:15 - 9:45
SARAH M

\$98.17

PRE-CANGYM PROGRAMS FOR AGES 3 - 4 YEARS

* Classes run in 12 week sessions - choose a day and time

MON

TUES

WED

THURS

FRI

SAT

COST

Pre-cangym 1 (3 - 4 Years) 45 Minutes gross motor movement class with circuits on various gymnastics equipment. The child must be ready to participate without parents.

11:00 - 11:45
DEANNA

10:00 - 10:45
SARAH M

\$150.15

Pre-cangym 2 (3 - 4 Years) 45 Minutes advanced gross motor movement class with circuits on various gymnastics equipment.

12:00 - 12:45
DEANNA

9:15 - 10:00
DEANNA

\$150.15

Pre-cangym 3 (3 - 4 Years) 1 Hour advanced gross motor movement class with circuits on various gymnastics equipment.

10:15 - 11:15
DEANNA

\$198.89

Pre-Competitive (3 - 5 Years) This class is dedicated to mastering basic skills on all four events, as well as strength and flexibility. This class is designed to prepare them for our competitive program. It has limited spots and runs September-June

Inquire for more
information



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CANGYM PROGRAMS FOR AGES 5 - 12

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BURGUNDY/ RED (Levels 1 - 2) For the beginner. Develop strength, flexibility, coordination, and balance on the bars, beam, floor, & vault.	MON	TUES	WED	THURS	FRI	SAT	COST
5-7 Years (1 hour class/week)	3:15 - 4:15 RICKI				4:15- 5:15 DEANNA		\$198.89
8 & UP Years (1 hour class/week)		3:15 - 4:15 LAYLA	3:15 - 4:15 RICKI				\$198.89
TAN/BRONZE (Levels 3 - 4) The next step in the cangym program. Must have completed levels	MON	TUES	WED	THURS	FRI	SAT	COST
5-7 Years (1.15 hour class/week)	3:15 - 4:30 LAYLA	4:30 - 5:45 LAYLA					\$245.44
8 & UP (1.15 hour class/week)			5:00 -6:15 RICKI	3:15 - 4:30 RICKI			\$245.44
PURPLE/BLUE/ TURQUOISE (Levels 5 & 6) Must have completed levels 1-4 before moving to this class.	MON	TUES	WED	THURS	FRI	SAT	COST
ADDITIONAL CLASS OPTION UPON REQUEST				3:15 - 5:15 MADI			\$198.89
5 & UP Years (2 hour class/week)		3:15 - 5:15 MADI / GRACIE					\$351.12



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LIL NINJAS - is a beginner level to the ninja , which is inspired by gymnastics, martial arts, obstacle training and freestyle movement.	MON	TUES	WED	THURS	FRI	SAT	COST
LIL NINJA (3 - 5 YRS) (45 Minute class/week) AM	9:15 - 10:00 Deanna		11:30 - 12:15 Deanna				\$150.15
LIL NINJA (3 - 5 YRS) (45 Minute class/week) PM	3:45 - 4:30 Robert / Layla						\$150.15
NINJA TRAINING (Ages 5 - 12 Years) Children learn a combination of flips, rolls, jumps, kicks. Strength and agility are tested through obstacle courses and various training techniques.	MON	TUES	WED	THURS	FRI	SAT	COST
NINJA LEVEL 1 AGE 5 - 7 Years (45 minute class/week)		3:30 - 4:15 Jacob			3:15 - 4:00 Deanna		\$150.15
NINJA LEVEL 1 / 2 AGE 5 - 7 Years (45 minute class/week)	4:45 - 5:30 Jacob / Jordan						\$150.15
NINJA LEVEL 1 / 2 AGE 8 - 12 Years (1 hour class/week)	5:45 - 6:45 Jacob / Jordan			3:30 - 4:30 Jacob / Jordan			\$198.89
Avanced Ninja Class (by invitation only)		7:00 - 8:00 April					\$210.00



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*NEW MILEZERO PRESCHOOL

September- June

MON

TUES

WED

THURS

FRI

SAT

COST

EARLY MORNING DROP-OFF
8:30 - 9:30

8:30 - 9:30

8:30 - 9:30

8:30 - 9:30

8:30 - 9:30

\$5.00/day

MORNING PRESCHOOL (Incorporated with Gymnastics & French)
9:30 - 12:30

9:30 - 12:30

9:30 - 12:30

9:30 - 12:30

9:30 - 12:30

\$20.00/day

AFTERNOON PRESCHOOL (Daily Gymnastics Included)
12:30 - 3:00

12:30 - 3:00

12:30 - 3:00

12:30 - 3:00

12:30 - 3:00

\$17.50/day

*NEW BEFORE AND AFTER-SCHOOL CARE

* Runs September - June

MON

TUES

WED

THURS

FRI

SAT

COST

BEFORE-SCHOOL CARE (includes DROP-OFF & Gymnastics/NINJA)

7:00 - 8:30

7:00 - 8:30

7:00 - 8:30

7:00 - 8:30

7:00 - 8:30

\$10.00/day

AFTER-SCHOOL CARE (includes Pick-up, Snack & Daily Gymnastics/NINJA)

2:30 - 6:00

2:30 - 6:00

2:30 - 6:00

2:30 - 6:00

2:30 - 6:00

\$20.00/day

ALL DAY CARE (During NID)

7:00 - 6:00

7:00 - 6:00

7:00 - 6:00

7:00 - 6:00

7:00 - 6:00

\$45.00/day

ALL DAY CARE (March Break Care)

7:00 - 6:00

7:00 - 6:00

7:00 - 6:00

7:00 - 6:00

7:00 - 6:00

\$45.00/day